



## COUNSELLOR-IN-TRAINING COURSE

### GENERAL OBJECTIVE

To increase general and technical knowledge while experiencing an array of practical skills in order to complete the program. This course provides the means to ensure that quality personnel staff camps in the years to come.

### SPECIFIC OBJECTIVES

a) Learn basic camp philosophies and camper intervention methods:

- To discover his/her personality and potential
- To learn to be motivated
- To develop autonomy, self-confidence, communication skills, capacity in problem solving, desire to surpass and tenacity, sense of responsibility
- To learn animation and training techniques
- To develop his/her specialist capacities
- To learn children psychology
- To make better decisions

b) To acquire the pedagogical techniques needed for the various sport or activity programs:

- regular activity program
- Sunday activity program
- evening activities
- special events
- midcamp program
- specialized options

c) Experience:

- a unique group encounter/ teamwork
- a first-rate challenge
- practical training experience to add to your resume
- a summer filled with unforgettable memories
- a course ensuring summertime employment for years to come
- an opportunity to practice and perfect the English language
- self-discovery, an increase in leadership capabilities
- the acquisition of knowledge that will be useful for the rest of your life
- dynamic teamwork within a reputable company in a wholesome environment

## PROGRAM

### 1. PRACTICAL AND TECHNICAL TRAINING

- a) Enhance knowledge of :
- Philosophy, objectives, functioning and environment of the camp
  - Development of the child
  - Psychology of the child and his needs
  - Animation, what is it?
  - Role of the counsellor, his responsibilities and tasks
  - Animation techniques
  - Health, safety, maintenance
  - Educational methods
  - Life at camp/ life in the woods
  - Motivation
  - Leadership
  - Teamwork
  - **First aid with attestation**
  - Intervention techniques
  - Creativity and activity organization
  - Job hunting, et

### 2. PARTICIPATION IN PRACTICAL EXPERIENCES CONSISTING OF:

- a)
- horseback riding
  - martial arts
  - tennis
  - canoeing
  - cycling
  - climbing
  - dance
  - swimming
  - circus
  - Aerial games park
- b) Observing the counsellor's role and executing tasks under the chief counsellor's guidance. Type of activities:
- morning wakeup
  - hygiene
  - nighttime surveillance
  - meals
  - rainy day activities
  - evening activities
  - maintenance
  - special events
  - bedtime
- c) Taking charge of a group of campers always under the guidance of a chief counselor.
- d) Contributing to the animation of evening, weekend and midcamp activities.

### 3. PARTICIPATION IN A PRACTICAL TRAINING PERIOD CONSISTING OF:

- a) Assisting a counselor in the supervision a group of campers.
- b) Assisting a specialist in one of the activities enumerated in point 2 a).